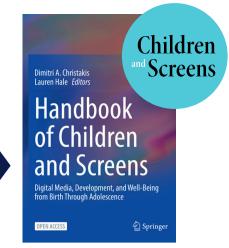
RECOMMENDATIONS

Technology and Digital Media in the Classroom



Sbit.ly/handbook-of-children-and-screens



Parents, Caregivers, and Families

- Remain skeptical of advertised claims associated with edtech.
- Select edtech that emphasizes playful learning.
- Take an active role in children's digital learning.
- Develop data literacy skills.



Clinicians and Providers

- Routinely discuss and evaluate family media use and content.
- Help parents develop research literacy skills to independently evaluate edtech.
- Develop new pediatric health assessments that include digital literacy (rather than screen time).



Educators and Teachers

- Understand the limitations of edtech and adopt critical pedagogies.
- Evaluate edtech programs for quality, evidence, and effectiveness.
- Proactively develop flexible curricula and policies for learning interruptions.
- Adopt systems-level, evidence-based approaches when incorporating digital tech into education.

- Provide children with opportunities to evaluate and make decisions about edtech.
- Allow students to be content creators.
- Create and share digital media literacy resources for students and families.
- Limit data stored on platforms and LMS systems to safeguard student privacy.
- Leverage technology to enhance student voices and autonomy.